

Welcome to the 2011 Troy Williams The Good Guys Triathlon

Events



Main Event Triathlon 1km / 30km / 8km

Enticer Triathlon 500m / 15km / 4km

Ideal way to tackle your first triathlon or to have some fun!

Junior Triathlon

13-17 years: 500m / 15km / 4km

TRYstar Kids Triathlon

8-10 years: 100m / 3km / 500m

11-12 years: 200m / 6km / 1km

Teams

Little Olympic: 1km/30km/8km

Enticer: 500m/15km/4km

Website



Secure online entry available for all events.

Results posted Sunday afternoon

Race info and photos

Prizes



Top Finishers: Overall Male and Female

1st \$300 2nd \$200 3rd \$100

First in Male and Female in Age Group \$100

Under 19, 20-29, 30-39, 40-49, 50-59, 60+

Enticer, Juniors and TRYstars

1st, 2nd and 3rd medals

Random draw prizes for everyone

Race Day Schedule



9.30am Registration (cycle check in, numbering)

10am **TRYstars Kids Triathlon**

10.50am Transition closes. Race briefing.

11am **Start: Enticer, Junior and Main Event**

Entry Timetable



FINAL DATE FOR ENTRIES:

By Post: Thursday, 16 June

Email / Online: Friday, 17 June @ 5 pm.

How to Enter



FINAL DATE FOR ENTRIES: Friday, 17 June @ 5 pm.

Race Day Entries will not be accepted.

Online www.townsvilletriathlon.com.au

Mail Townsville Tri Club, PO Box 748 Townsville 4810

Email admin@townsvilletriathlon.com.au

Entry Fees



	TA licence	Non TA licence*
Main Event Triathlon		
Adult	\$ 60	\$ 70
15-17yrs	\$ 45	\$ 55
Teams		\$100
Enticer		
Adult	\$ 40	\$ 45
13-17yrs	\$ 30	\$ 35
Teams		\$ 65
TRYstar Kids (8-12yrs)		\$ 15

*include compulsory personal accident insurance.

Saunders Beach



Main Event

Swim	1km swim will be a triangular course off Saunders Beach. Competitors will start on the beach and exit with a short run up beach to transition.
Cycle	30km [2x15km loops] From transition head straight into Reef St then right into Lagoon Cres and left into Saunders Beach Rd travelling along until turn around point just before intersection at Springfield St. Head back and turn right into Reef Street and repeat the course. Enter transition by turning left into Reef St on final lap.
Run	8km [2 x 4km loops] From transition run exit, turn right onto the beach foreshore and run along until turn around point. Repeat course. The run is flat.

Enticer and Junior

Swim	500m swim will be a triangular course off Saunders Beach. Competitors will start on the beach and exit with a short run up beach to transition.
Cycle	15km in a single loop course. From transition head straight into Reef St then right into Lagoon Cres and left into Saunders Beach Rd travelling along until turn around point just before intersection at Springfield St. Head back and enter transition by turning left into Reef St.
Run	4km out and back course. From transition run exit, turn right onto the beach foreshore and run along until turn around point.