



SIZE GUIDE TECHNICAL SHIRTS

	XS	S	M	L	XL	2XL	3XL
A – CHEST (Under arm – Underarm)	47	48	51	53	54	56	59
B – WAIST	43.5	45	46	49	51	52	56
C – BOTTOM HEM (Width)	44	45	46.5	48	49	51.5	55.5
D – LENGTH (Underarm to Bottom)	43	43.5	44	45	46	47	47.5

Notes:

1. These are garment measurements not body measurements (so garment will stretch wider)
2. All measurements are in CM and hand measured with garment laid flat and unstretched. Allow for +/- 1cm.
3. The chart is unisex, so men's /ladies use same size guide. Therefore, the sizing for ladies *maybe* a size smaller than normally worn (but not necessarily).
4. Note: Measuring points as per diagram below.

